revolution foods.

FEBRUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • cheesy bagel sandwich • corn chex & fruit (df)
4 • yogurt & educational snacks • string cheese & cinnamon grahams • corn chex (shelf stable)	5 • HOT french toast sticks (vg) • banana muffin • cheerios & fruit (df)	6 • HOT rise and shine breakfast burrito • blueberry bagel & cream cheese • yogurt & cinnamon grahams	7 • HOT southwest chicken chorizo and cheese bagel • mini french toast muffin & string cheese • corn chex & fruit (df) • pineapple juice available	8 • cinnamon crumble • plain bagel & cream cheese
11 • multigrain cheerios & fruit (df) • string cheese & cinnamon grahams	12 • HOT cheesy omelet • yogurt & cinnamon grahams • lemon muffin	13 • HOT egg & cheese brekwich • corn chex & fruit (df) • cheesy bagel sandwich	14 • HOT buttermilk pancakes (vg) • string cheese & cinnamon grahams • plain bagel & cream cheese • orange juice available	15 • cheerios & fruit (df) • blueberry muffin
18 No School	19 • yogurt & educational snacks • corn chex & fruit (df)	20 • *NEW* HOT strawberry pancake bowl (vg) • blueberry bagel & cream cheese • string cheese & cinnamon grahams	21 • HOT mini cheese omelet with french toast sticks (vg) • banana muffin • multigrain cheerios & fruit (df) • pineapple juice available	22 • plain bagel & cream cheese • cinnamon crumble
25 • cheerios & fruit (df) • corn chex (shelf stable)	26 • HOT breakfast panada pie with eggs, cheese, and green chiles • string cheese & cinnamon grahams • lemon muffin	27 • *NEW* HOT cornbread & egg omelet (vg) • plain bagel & cream cheese • corn chex & fruit (df)	28 • HOT buttermilk pancakes (vg) • mini french toast muffin & string cheese • yogurt & cinnamon grahams	

DID YOU KNOW?

Revolution Foods' breakfast treats may taste sweet but are actually low in sugar! Our meals always meet or exceed nutritional regulations, but you would never miss out on flavor with some of these new favorites*:

Pancake Bowl on February 20th!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

PSN

This institution is an equal opportunity provider.

*available in a variety of fruit fillings

revolution foods.

FEBRUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • blueberry bagel & cream cheese • corn chex & giant cinnamon goldfish grahams (df)(vg)
4 • yogurt & educational snacks • zac omega fruit filled strawberry bar (df)	5 • HOT french toast sticks (vg) • banana muffin • cheerios & animal crackers (df) (vg)	6 • HOT rise and shine breakfast burrito • blueberry bagel & cream cheese • string cheese & cinnamon grahams	7 • HOT southwest chicken chorizo and cheese bagel • mini french toast muffin & string cheese • zee zees cinnamon crisp bar (vg) (df) • pineapple juice available	8 • cinnamon crumble • plain bagel & cream cheese
11 • multigrain cheerios & cinnamon goldfish grahams (df) (vg) • zee zees berry apple crisp bar (df)	12 • HOT cheesy omelet • yogurt & cinnamon grahams • lemon muffin	13 • HOT egg & cheese brekwich • cinnamon "dipperdoodle" bar • cinnamon crumble	14 • HOT buttermilk pancakes (vg) • string cheese & cinnamon grahams • plain bagel & cream cheese • orange juice available	15 • zee zees cinnamon crisp bar (vg) (df) • blueberry muffin
18 No School	19 • yogurt & educational snacks • zac omega fruit filled strawberry bar • cheerios & educational snacks (shelf stable)	20 • *NEW* HOT strawberry pancake bowl (vg) • blueberry bagel & cream cheese • string cheese & cinnamon grahams • cheerios & educational snacks (shelf stable)	21 • HOT mini cheese omelet with french toast sticks (v) • banana muffin • zee zees berry apple crisp bar (df) • pineapple juice available	22 • plain bagel & cream cheese • cinnamon crumble
25 • cheerios & animal crackers (df) (vg) • cheerios & educational snacks (shelf stable)	26 • HOT breakfast panada pie with eggs, cheese, and green chiles • string cheese & cinnamon grahams • lemon muffin	27 • *NEW* HOT cornbread & egg omelet (vg) • plain bagel & cream cheese • cinnamon "dipperdoodle" bar (df)	28 • HOT buttermilk pancakes (vg) • mini french toast muffin & string cheese • zee zees berry apple crisp bar • orange juice available	

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Pancake Bowl on February 20th!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

K-12

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revolution foods.

FEBRUARY LUNCH

PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • oven roasted chicken sandwich (df) • philly cheesesteak calzoni (vg) • taco dipper kit (vg) ○ green peas
4 • chicken sausage & cheddar eggwich • chicken bites • egg salad sandwich (vg)(df) ○ steamed corn	5 • beef burger (df) • bean & cheese quesadilla (vg) • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned green beans	6 • mongolian beef • rainbow veggie pizza(vg) • sesame chicken wrap ○ warm pinto beans	7 • chicken pot stickers with not so fried rice • oven roasted chicken sandwich (df) • southwest veggie wrap (vg) ○ lettuce & tomatoes with ranch	8 • cheese pizza (vg) • ranchero beef rice bake (df) • hummus dippers (vg) ○ sweet potatoes
11 • grilled chicken bites with bbq bean sauce • chicken quesadilla • cheddar cheese sandwich (vg) • df option by request ○ seasoned green beans	12 • *NEW* pepperoni pizza • oven roasted chicken sandwich (df) • taco dippers kit (vg) ○ glazed carrots	13 • pasta with zesty beef • cheese enchiladas (vg) • egg salad sandwich (vg) (df) ○ warm pinto beans	14 • bbq chicken with cheesy rice • pepperjack cheeseburger • cheddar cheese sandwich (vg) • df option by request ○ lettuce & tomatoes with ranch	15 • five cheese lasagna (vg) • crispy chicken sandwich (df) • bbq chicken wrap • df option by request ○ seasoned carrot, corn and peas
18 No School	19 • cheese pizza (vg) • beef cheeseburger • sesame chicken wrap (df) ○ seasoned green beans	20 • chicken teriyaki with brown rice (df) • hearty veggie chili (vg) • chillin chinese chicken noodles ○ green peas	21 • chicken chorizo & cheese eggwich • mac & cheese and chicken bites • egg salad sandwich (vg)(df) ○ lettuce & tomatoes with ranch	22 • spaghetti marinara with mozzarella (vg) • chicken taco trio • honey mustard chicken wrap • df option by request ○ sweet potatoes
25 • bean and cheese quesadilla (vg) • beef burger (df) • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned green beans	26 • chicken bites • kickin chicken alfredo • cheddar cheese sandwich (vg) • df option by request ○ island glazed carrots	27 • rainbow veggie pizza (vg) • orange grilled chicken bites (df) • honey mustard chicken wrap ○ pinto beans (chilled) ○ tomatoes	28 • *NEW* smothered beef burrito • crispy chicken sandwich (df) • southwest veggie wrap (vg) • df option by request ○ lettuce & tomatoes with ranch	

This institution is an equal opportunity provider.

WHAT'S NEW?

Our pizza has gotten a makeover – no more square meals here! Try our **NEW Pepperoni Pizza** – zesty marinara sauce, gooey mozzarella cheese and turkey-beef pepperoni on a round whole-grain crust.

Don't miss out on February 12th!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

revolution foods.

FEBRUARY LUNCH

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • oven roasted chicken sandwich (df) • the revolution dog (df) • chicken caesar wrap • taco dipper kit (vg) ○ green peas
4 • chicken sausage & cheddar eggwich • chicken bites • egg salad sandwich (vg)(df) • honey mustard chicken wrap ○ steamed corn	5 • beef burger (df) • bean & cheese quesadilla (vg) • sesame chicken wrap (df) • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned green beans	6 • mongolian beef • scoops with black bean & green chile cheese dip (vg) • bbq chicken wrap • chicken salad sandwich (df) ○ edamame beans (chilled) ○ steamed corn	7 • chicken pot stickers with not so fried rice • the revolution dog (df) • garden ranch salad with chicken breast • southwest veggie wrap (vg) ○ lettuce & tomatoes with ranch	8 • cheese pizza (vg) • ranchero beef rice bake (df) • turkey & cheddar sandwich • hummus dippers (vg) ○ sweet potatoes
11 • the revolution dog (df) • chicken quesadilla • cheddar cheese sandwich (vg) • chicken caesar wrap ○ seasoned green beans	12 • *NEW* pepperoni pizza • oven roasted chicken sandwich (df) • chicken salad sandwich (df) • taco dippers kit (vg) ○ glazed carrots	13 • pasta with zesty beef • cheese enchiladas (vg) • southwest veggie wrap (df) • mighty meaty deli combo sandwich • df option by request ○ warm pinto beans ○ steamed corn	14 • bbq chicken with cheesy rice • pepperjack cheeseburger • honey mustard salad with chicken • egg salad sandwich (vg)(df) ○ lettuce & tomatoes with ranch	15 • cheesy beef & salsa nacho dip with scoops • crispy chicken sandwich (df) • bbq chicken wrap • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned carrot, corn and peas
18 No School	19 • cheese pizza (vg) • beef cheeseburger • taco dippers kit (vg) • sesame chicken wrap (df) ○ seasoned green beans	20 • jerk drumstick & pineapple carrot rice • hearty veggie chili (vg) • chillin chinese chicken noodles • sunny sandwich kit (sunbutter & jelly) ○ steamed corn	21 • chicken chorizo & cheese eggwich • mac & cheese and chicken bites • chicken Caesar salad • egg salad sandwich (vg)(df) ○ lettuce & tomatoes with ranch	22 • spaghetti and meatballs (df) • chicken taco trio • honey mustard chicken wrap • cheddar cheese sandwich (vg) ○ sweet potatoes
25 • bean and cheese quesadilla (vg) • the revolution dog (df) • sesame chicken wrap (df) • sunny sandwich kit (sunbutter & jelly) (vg) ○ seasoned green beans	26 • chicken bites • kickin chicken alfredo • cheddar cheese sandwich (vg) • chicken salad sandwich (df) ○ island glazed carrots	27 • rainbow veggie pizza (vg) • orange grilled chicken bites (df) • honey mustard chicken wrap • chillin Chinese noodles ○ edamame beans (chilled) ○ grape tomatoes	28 • *NEW* smothered beef burrito • crispy chicken sandwich (df) • southwest veggie wrap (vg) • garden ranch salad with chicken breast ○ lettuce & tomatoes with ranch	

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Don't miss out on February 12th!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

revolution foods.

FEBRUARY SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • pretzel goldfish • educational snacks
4 • sunflower seeds • honey grahams	5 • cheddar goldfish • educational snacks & juice	6 • honey wheat crackers • ranch rumbles six grain crackers	7 • hot & spicy goldfish cheese crackers • yogurt	8 • zac attack fruit filled strawberry bar • educational snacks
11 • cheddar goldfish • cinnamon grahams	12 • honey wheat crackers • string cheese	13 • pretzel goldfish • educational snacks	14 • honey grahams • cinnamon rumbles six grain crackers	15 • colored goldfish cheese crackers • yogurt
18 No School	19 • honey wheat crackers • educational snack	20 • hot & spicy goldfish cheese crackers • ranch rumbles six grain crackers	21 • sunflower seeds • educational snacks	22 • cinnamon grahams • cheddar goldfish & juice
25 • pretzel goldfish • mini dipperdoodle & string cheese	26 • honey grahams • sunflower seeds	27 • colored goldfish cheese crackers • string cheese	28 • cinnamon grahams • yogurt	

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DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- ☑ Designed with Kids
- ☑ Created by Chefs
- ☑ Nutritionally Balanced
- ☑ Made with High-Quality Ingredients

Learn more about us on our *new* website at **revolutionfoods.com**

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

K-12